

After School Checklist

FIRST YOU HAVE TO

- Hang Up Backpack
- Put Away Shoes
- Put Away Lunch Bag
- Hang Up Coat

THEN

- Eat After School Snack
- Have Downtime to Play _____ Minutes
 - Go Outside to Play
 - TV for 30 Minutes
 - Play a Game Indoors
 - Ask Parents to Play Electronics
- Do Homework
- Read for 20 Minutes
- Do Your Daily Chores
- Get Ready for After School Activities
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